

GulfSouth COVID-19 Protocol

Roles & Responsibilities:

- Coaches will remind players of maintaining safety measures and distancing when on breaks or off the field to include no hand contact (shaking hands or high-fives)
- Parents should disinfect equipment and bags before and after practice.
- Parents should ensure child's practice clothing is washed after every practice.
- Parents should ensure that their child has individual sanitizer and plenty of water for practice.
- All pennies or other GulfSouth equipment will not be shared and disinfected after each practice.
- Follow CDC Guidelines regarding best practices to avoid the virus.

Return to Play Protocol:

GulfSouth Soccer Club will follow the Walton County School District Guidance for Entry and Return Protocols as listed below.

How long does my child need to stay home?

If your child is experiencing symptoms of COVID-19, you child should not return to soccer until you are able to answer "YES" to BOTH questions below for your child.

- Has your child been without fever for one day (24 hours) without taking medicine for fever?
- Has it been one day (24 hours) since your child's symptoms have improved?

Your child will have to stay home for 10 days if:

- Your child has tested positive for COVID-19.
- Your child has been in close contact with someone that has tested positive for COVID-19 during the onset of symptoms and **is** experiencing symptoms. **Close contact means that your child has been within 6 feet of a person for at least 15 minutes.**
 - If you have a family member that you live with test positive, you must quarantine.
 - If your school has told you to quarantine due to exposure, you must also quarantine from soccer.
- Your child has been ordered to self-isolate or quarantine for 10 days by a physician or healthcare professional.
- Your child has been in close contact with someone that has been ordered to self-isolate or quarantine for 10 days by a physician or healthcare professional.

After the 10 days, you must be able to answer "YES" to BOTH questions below for your child before returning to soccer:

- Has your child been without fever for one day (24 hours) without taking medicine for fever?
- Has it been one day (24 hours) since your child's symptoms have improved?

Your child will have to stay home for 14 days if:

- Your child has been in close contact with someone that has tested positive for COVID-19 during the onset of symptoms and **is not** experiencing symptoms. It could take as long as 14 days after exposure for symptoms to develop if infection occurs. **Close contact means that your child has been within 6 feet of a person for at least 15 minutes.**
 - If you have a family member that you live with test positive, you must quarantine.
 - If your school has told you to quarantine due to exposure, you must also quarantine from soccer.
- Your child has been ordered to self-isolate or quarantine for 14 days by a physician or healthcare professional.
- Your child has been in close contact with someone that has been ordered to self-isolate or quarantine for 14 days by a physician or healthcare professional.

After the 14 days, you must be able to answer “YES” to BOTH questions below for your child before returning to soccer:

- Has your child been without fever for one day (24 hours) without taking medicine for fever?
- Has it been one day (24 hours) since your child’s symptoms have improved?

Positive Player Exposure:

If there is only one player on the team that is COVID-19 positive, the above protocol applies. That player will have to quarantine for at least 10 days and any player that has been within 6 feet of the positive player for more than 15 minutes will also have to quarantine for either 10 days (if they have COVID-19 symptoms) or 14 days (if they do not have COVID-19 symptoms).

- For example, Player A tests positive for COVID-19. If you are a player on that team and you have only been around Player A during practice or games it is unlikely you have spent more than 15 minutes within 6 feet of Player A and you do not need to quarantine. However, if you carpooled with Player A, or went out to a team dinner with Player A, it is likely you will need to quarantine.

If there are 2 or more players on a team that are COVID-19 positive because of the same exposure, it is no longer an isolated case and the entire team will need to quarantine for either 10 days (if they have COVID-19 symptoms) or 14 days (if they do not have COVID-19 symptoms).